The 5th Japan–ASEAN Conference on Men’s Health & Aging was held in Kota Kinabalu, Sabah, Borneo from 8-11 July, 2010.

This was one of the most successful conferences since its inception in 2005!

The conference drew more than 400 participants from 16 countries and was supported by 10 industries. With 70 Japanese delegates attending the conference, it was dubbed the second biggest group of urologists ever gathered for an oversea urological conference (other than the AUA!). The international faculty featured many of the world’s renowned authorities in the field of men’s health and aging.

The scientific programme commenced with a keynote address and featured 12 plenary sessions, 35 symposia, a men’s health forum and a workshop for family physicians. A total of 44 free papers and posters were presented. These research papers covered a wide range of topics which included basic science, sexual health, aging, cancer in men, alternative medicine, nutrition, toxicology and epidemiology.

This supplementary issue of the Journal of Men’s Health also covers the highlights of the meeting including a summary of the speeches given by our dignitaries, the Chief Minister of Sabah and His Excellency, the Ambassador of Japan to Malaysia.

We are pleased to accept 23 expanded abstracts with write-ups covering many interesting original research work. As many of the topics in the main scientific programme were very well received by the delegates, we have included the abstracts of these outstanding presentations in the supplement. For those free papers and posters which were not expanded into manuscripts, we have also included their original abstracts.

We hope you will find this supplementary issue informative, enjoyable and enlightening with respect to men’s health and aging in Asia.

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